

## THE COOL IDEAS MAGALIES MTB & TRAIL RUNNING ADVENTURE 2018



Hi there

Congratulations on having entered the **2018 Cool Ideas Magalies Adventure** presented by The Leverage Corporation and hosted at The Cog & Sprocket at The African Pride Mount Grace Country House and Spa!

Directions: [CLICK HERE](#) for directions.

In case you missed our promotional video, check it out again. Brought to you compliments of Cool Ideas.

We are really looking forward to hosting you, as this event is one of our highlights of the year. We also have over 300 participants taking part on both days, so please make sure that you get there nice and early, as parking can sometimes be a bit of a challenge.

**There are some really important things to take note of, especially with all the logistics involved in this event, so please do read everything carefully, particularly the Trail Run start times.**

### Race Number Pick Up

This will take place at [Adega](#) in Rivonia - on **Wednesday 26th of September** from 12h00 to 17h00. You need to collect your race number and goodie bag. It's close to the freeway, so access should be fairly easy. The address is: Rivonia Crossing 2, 3 Achter Road corner Witkoppen Road, Rivonia (Situated in the same complex as The Barnyard Theatre).

*If you have any friends who wish to ride or run, they can catch a late entry on Wednesday, but must bring cash for the fee. Regrettably, no goodie bag or shirt.*

Our registration partners, **Adega Rivonia**, have a taste of Portugal exclusively for Magalies Adventure participants! Catch this deal when you come to pick up your race pack tomorrow.



# Rivonia



1/2 Chicken with choice of side OR  
6 King Prawns with choice of side OR  
Bitoque served with round chips  
**INCLUDES**  
2 x Superbok Minis OR  
Darling Bonecrusher Draught OR  
Darling Slow Beer Draught

**R99** 



## COOL IDEAS MAGALIES MTB & TRAIL RUN ADVENTURE REGISTRATION DAY

WEDNESDAY 26th SEPTEMBER 12h00 - 17h00

 | 011 234 7036 | 079 898 4615  
www.adegas.co.za | Rivonia Crossing 2, 3 Achter Road Cnr Witkoppen Road, Rivonia

## **The Route (Special Notice)**

If you want to see the Route Maps, check them out on our website; plus there will be enlarged copies on display at Number Collection.

## **Race Timing & Seeding**

Timing will be done by **Spectrum Timing** and we will be operating on a voluntary seeding system, for both the 2-day and 1-day events.

Each of the Trail Runs will be timed as well.

Rides will receive a number board and runners will receive a wrist band. Please ensure you return these as they belong to the timing company. Sadly, failure to return them will result in your being billed R150 for the board or wrist band.

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## **Mountain Biking Information**

*If you are only running, you can ignore this section.*

### **Start Times**

Saturday - 07h30 for the 65km Magalies Adventure

Sunday - 08h00 – 50km Magalies Adventure and 08h15 for the 25km Magalies Adventure

### **Distances**

65km - Day 1 – Saturday 29th September

50km, 25km - Day 2 – Sunday 30th September

### **Water Tables**

#### **65km – Saturday 29th September**

Water Point 1- 23km

Water Point 2 – 38km

#### **50km – Sunday 30th September**

Water Point 1 – 27km

Water Point 2 – 39km

#### **25km – Sunday 30th September**

There will only be 1 water table at the 15km mark

Should anything change, more details will be communicated to you at race briefing.

### **Cut Off Times**

Please note that we will be enforcing MTB cut off times this year, but as you can see, they are quite generous.

Cut off times are as follows:

**Day 1: 65km** – 6 hours or 13h30 - there will be a cut-off halfway at 10h30.

**Day 2: 50km** - 5 hours or 13h00 - there will be a cut-off halfway at 11h00.

### **Tech Zone**

There will be a Tech Zone at Mount Grace and they will also be at various water points to provide assistance. Note that limited parts are available, so please check your bikes before you arrive at the race with your own spares.

### **The Bridgestone Bike Wash**

After the ride, have your bike washed, compliments of Bridgestone by the Bridgestone Bike Wash team

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### **Trail Running Information**

*If you are only riding, you can ignore this section.*

### **Start Times**

All distances begin AFTER the MTB race on Saturday and start time will be 8am! We amended the time to ensure that riders and runners don't clash on the route.

### **Distances**

4km, 8km, 16km & 25km – Saturday 29th September

### **Water Tables**

4km – no water table, except at finish

8km – 5km

16km – 5km & 9km

25km – Please note there are only 2 water tables at 5km & 15km

Should anything change, more details will be communicated to you at race briefing.

**Cut Off Times – The Cut off will be at 12.00 – Should runners not make the cut off, they will be ferried back to the start point.**

**25km – Please note – the 15km Cut-Off will be at 10.00**

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## **GENERAL INFORMATION**

### **Race Meals and Snacks**

Before and after the race you can enjoy some great coffee at The Cog.

The Cog & Sprocket is fully licensed, so they will be able to serve your favourite liquid refreshment. Over and above this, they will also be serving light meals on both days.

## **Childcare**

This year we have limited space for child minders, plus a jumping castle to keep kids amused while parents are riding and/or running. Only R20 per child per day. Please book at Number Collection on Wed 26th September.

## **Alcohol**

Please note that Mount Grace is a licensed establishment, and it is illegal to bring in your own alcohol to the venue.

## **Marshals**

There will be a number of Think Bike marshals on the route, as well as ER 24 in attendance and Mogale Traffic Department. Please obey their instructions at all times. Failure to do so may lead to disqualification.

## **Rules of the Road**

Please obey all instructions and please remember that if you are riding on a dirt or tar road, you need to obey the rules of the road. We do NOT have road closure, so you **DO NOT** have right of way.

## **Shower Facilities**

There are shower facilities available, so bring along a tog bag with a towel and a change of clothes.

**Lunch:** From 11h00 on both days. Check with "The Cog" for their specials.

## **Prize Giving:**

### **Saturday:**

Trail runners – 11.00

MTB'ers – 65km 1-day cyclists – 12.00

### **Sunday**

MTB'ers – 12.30.

Please refer to the [website for age categories and prizes](#). As usual, there will be spot prizes for participants!

## **Mike "Blossom" Applewhite**

Please share a thought for our good friend Mike "Blossom" Applewhite. Bloss, a good friend to many of us, sadly passed away on Saturday the 22nd of September from an unexpected heart attack. We are still in shock. Our thoughts and condolences are with his family and friends.

Bloss, we will miss you at The Cool Ideas Magalies Adventure and on all other rides. Your demeanour, your sense of humour and the memory of your ability to walk all the hills and ride downhills like a maniac will always be with us.

Keep pedalling "Bloss".

RIP Brother.



As a special salute to Mike and his cycling “prowess” we have decided to call Sunday “**The Bloss Memorial Ride**”. Please keep an eye out for his good friends with slightly different number boards saying “Bloss’ Memorial Ride”.

But back to the weekend; we are pleased to announce that **Cool Ideas** will have a special number of lucky draw prizes to give away, so best you stay for prize giving. Mount Grace has also given us two lucky draw prizes where a participant on the Saturday and on the Sunday will stand a chance to win a night’s stay at Mount Grace. If your name is called, and you aren’t there, you forfeit the prize.

**And finally:** Please respect the MTB Code. You aren’t the only one out there riding. Have a look at our TLC Code of Conduct – [CLICK HERE](#) to read.

Here’s hoping you are going to have a great weekend. If you have any questions, please feel free to mail us on [info@leveragecorporation.co.za](mailto:info@leveragecorporation.co.za) or call Irene on 082 787 3317 .

See you at the **Adega** - Rivonia Crossing 2, 3 Achter Road corner Witkopp Road, Rivonia - for goodie bag and race number pickup on **Wednesday the 26th of September from 12h00.**

For information please visit our website, [www.magaliesadventure.co.za](http://www.magaliesadventure.co.za).

Regards

**Rob Jackson and  
The Leverage Corporation Team**

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The Leverage Corporation is a specialist marketing & sales consulting, Events & Hospitality Company. With a keen focus on Mountain Biking & Trail Running, we are a market leader in the sector hosting some of the most prestigious events as well as several smaller customised corporate events.

[www.leveragecorporation.co.za](http://www.leveragecorporation.co.za)



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